

MLK Pool Schedule

June 30-
July 5

MONDAY		
Lap Swim 7:00 am – 12:45 pm 4:30 pm – 7:45 pm	5:45 am – 7:00 am	Masters
	7:00 am – 12:30 pm	Adult Only Lap Swim *
	8:00 am – 10:00 am	SMRT
	9:00 am – 10:00 am	Lessons
	10:00 am – 12:30 pm	Special Groups
	1:00 pm – 4:00 pm	Kids Only Rec Swim
	4:30 pm – 7:00 pm	SMRT
	5:00 pm – 7:00 pm	Swim Lessons
	6:30 pm – 7:45 pm	Family Swim
TUESDAY		
Lap Swim 7:00 am – 12:45 pm 4:30 pm – 7:45 pm	5:45 am – 7:00 am	Masters
	7:00 am – 12:30 pm	Adult Only Lap Swim *
	8:00 am – 10:00 am	SMRT
	9:00 am – 10:00 am	Lessons
	10:00 am – 12:30 pm	Special Groups
	1:00 pm – 4:00 pm	Kids Only Rec Swim
	4:30 pm – 7:00 pm	SMRT
	5:00 pm – 6:00 pm	CIST Practice
	5:00 pm – 7:00 pm	Swim Lessons
	6:30 pm – 7:45 pm	Family Swim
WEDNESDAY		
Lap Swim 7:00 am – 12:45 pm 4:30 pm – 7:45 pm	5:45 am – 7:00 am	Masters
	7:00 am – 12:30 pm	Adult Only Lap Swim *
	8:00 am – 10:00 am	SMRT
	9:00 am – 10:00 am	Lessons
	10:00 am – 12:30 pm	Special Groups
	1:00 pm – 4:00 pm	Kids Only Rec Swim
	4:30 pm – 7:00 pm	SMRT
	5:00 pm – 7:00 pm	Lessons
	6:30 pm – 7:45 pm	Family Swim
THURSDAY		
Lap Swim 7:00 am – 12:45 pm 4:30 pm – 7:45 pm	5:45 am – 7:00 am	Masters
	7:00 am – 12:30 pm	Adult Only Lap Swim *
	8:00 am – 10:00 am	SMRT
	9:00 am – 10:00 am	Lessons
	10:00 am – 12:30 pm	Special Groups
	1:00 pm – 4:00 pm	Kids Only Rec Swim
	4:30 pm – 7:00 pm	SMRT
	5:00 pm – 6:00 pm	CIST Practice
	5:00 pm – 7:00 pm	Swim Lessons
	6:30 pm – 7:45 pm	Family Swim

FRIDAY

Closed For July 4th Holiday

SATURDAY

Lap Swim

9:00 am – 3:45 pm

8:00 am – 9:00 am

8:00 am – 10:00 am

9:00 am – 3:45 pm

12:00 pm – 3:45 pm

Masters

SMRT

Lap Swim *

Kids / Family Rec Swim

*Limited Lap Lanes Available